



Pony Tales

Official Publication for Members of the Golden Hills Mustang Club
Established 1982

VOLUME XLIV, 7 & 8

E-EDITION

JULY/AUGUST, 2026

GHMC CELEBRATES America's 250th With a Parade



July 4, 2026
Fairfield, California

See inside for more pictures and story!



CLUB PURPOSE

The Golden Hills Mustang Club, established in 1982, is a nonprofit organization, the purpose of which is to promote the admiration, ownership, care and maintenance of the Ford Mustang Automobile - regardless of model year.

The club provides a social group for its members whereby they can meet, socialize and maintain a spirit of good fellowship, and participate in activities including the use of their Mustang.

The club serves as a medium for the exchange of ideas, information and parts, and is dedicated to furthering the interest of owners and drivers of the Ford Mustang.

2026

Board of Directors

Club President	Bob Fentress
Vice President	Nick Loya
Secretary	Norma McCabe
Treasurer	Brian Evans
Past-President	Sue Calvert
Terry Burke	
Dan Cordeiro	
Robert Lo	
Frank Lopez	
Don McEachern	
Paul Troxell	

2026 Car Show Chairman	Bob Haran carshow@goldenhillsmustangclub.com
2026 Car Show Co-Chair	Paul Troxell
Club Items	Robert Lo
Food Drive	Pat Sivigliano
Historian	Ileine Burke
Hospitality	Volunteer needed
MCA Regional Director	Robert Lo
Membership	Kathy Loya membership@goldenhillsmustangclub.com
Newsletter Editor	Norma McCabe nrmccabe@gmail.com
Social Media	Peter Mitsopoulos shelbygt500707@sbcglobal.net
Raffle	Cyndy Lamphiear & Lisa Mitsopoulos
Sunshine	Yvonne Westberg
Webmaster	Terry Burke webmaster@goldenhillsmustangclub.com
Parade Chairman	Brian Evans
Name Badges	Dan & Norma McCabe
Pony Express to our Troops	Frank Lopez
Scholarship	Frank Lopez
Information Officer	Dan McCabe info@goldenhillsmustangclub.com
Veterans Liaison	Dan McCabe
GHMC Technical Director	Paul Troxell



HEADING DOWN THE TRAIL...

With President Bob Fentress



It's that time of year again when our community comes together to celebrate and share in the spirit of camaraderie. We've had an incredible year filled with memorable events and achievements, and at this midpoint of the year, I want to take a moment to reflect on our journey and express my gratitude to each of you for your unwavering support and participation.

We've navigated through challenges and celebrated successes, always keeping our shared vision at the forefront. Looking ahead, I'm excited about the many opportunities that await us and the new milestones we'll achieve together, keeping long established traditions and exploring new opportunities. Earlier this month we took part in the traditional Fairfield Independence Day parade followed by a pool party at the Lamphiear home, and later in the month we will be at the Cruise the Rogue 2026 event for the first time.

The success of our club comes from the overall membership – the leadership team listed on the second page of this newsletter simply coordinates the activities. The board usually meets on the first Thursday of each month and any club member is welcome to attend. If you're interested in attending to find out how you can fit in, contact me to RSVP and get the exact meeting location.

In my years with GHMC I've found as I take part in more club activities, the experience becomes increasingly rewarding. I hope that's the case for all of you, too.

Have fun on the road and be safe out there!



WELCOME NEW MEMBERS



Kat Narlow & Jeannette O'Gallagher

Napa, CA

1991 Fox Body Convertible, Red

2024 Mach-E, White



Daniel Brown & Lisette Sanchez-Virelas

Vacaville, CA

2017 Mustang GT/CS, Lightning Blue

Randy & Jimmy Brousseau

Vacaville, CA

1970 Mach 1, Blue



LAKE FRANCIS CAMPING TRIP



by Brian Evans

The Golden Hills Mustang Club's annual camping trip was held at the beautiful Lake Francis Resort in the "little dot on the map" town of Dobbins, CA from Wednesday June 24th to Monday the 29th. This annual camping trip has been happening for more than 30 years of our 44 years of existence, and just over 20 years now at Lake Francis. Over the last few years, most of the group has been arriving a day early on Wednesday and staying an extra night leaving on Monday, turning the minimum three night trip into a five night extravaganza...for those *really* trying to avoid responsibilities at home! Lake Francis is known for temperatures that usually average mid 80's to low 90's for June, but this year our five-day long weekend was unseasonably cooler at the low 70's.

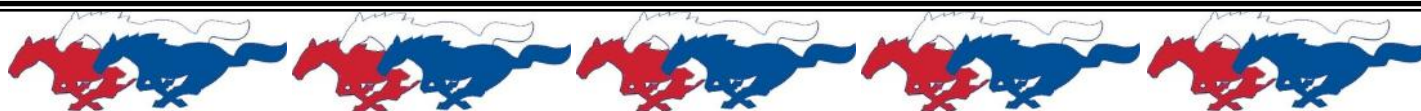
This year we had 8 RV sites and 2 cabins occupied by 10 families. The usual repeat offenders in RV sites were Dan & Cristy Cordeiro, yours truly, Jerry & Cyndy Lamphiear, Terry & Ileine Burke, Dan & Norma McCabe. Terry's sister Connie and husband John Heller, and their daughter Tabbitha and Jake Gullett joined us in one of the RV sites. Frank and Pat "Lopezano" were only able to attend on Saturday due to an uncooperative truck and camper. In the cabins we had Terry's other sister Kathy Holston and husband in the deluxe Redbud cabin, and first-time

attendees Emily Lambert and daughters Audrey and Stella were in one of the "first timer Rustic" cabins! Mike & Tammy Robinette were not able to go at the last minute and were missed.

Most of the usual camping traditions continued, like the Saturday main dish, side dish or dessert potluck. To the best of my knowledge, we all lived to tell about it, as "yellow grocery store deli potato salad sludge" was kept to a minimum! A tradition that was cut back to only a couple days due to the colder daytime temps is our hang-out-at-the-beach time. We still had a great spot at the beach thanks to Dan Cordeiro getting up early and reserving a nice spot with lake access. Hopefully next year we can return to our daily "float on the water with beers in hand" time, working on our sunburns! A tradition that returned was the opening night barbeque oyster appetizer feast hosted by the Cordeiros! Totally ruined my appetite for dinner, which is an acceptable tradeoff! And for Friday night Cristy Cordeiro once again requested people bring a favorite wine so we could enjoy a hidden taste test of each to determine everyone's favorite and least favorite red and white.

This year we had a total of 13 flags to retire, so it was decided to have TWO ceremonies, both Friday and Satur-

(Continued on page 5)



LAKE FRANCIS CAMPING TRIP

by Brian Evans

(Continued from page 4)

day nights during the evening campfire! Two ceremonies enabled the Lamberts to participate as they had to leave Saturday morning, and Saturday attendees Pat and Frank and my friend Jennifer House were able to enjoy the traditional Saturday evening ceremony. Terry Burke directs this each year and teaches how to properly fold (with help from volunteers) and retire a flag by placing it in the fire. We all picked up on the fact that we had 13 flags to retire and there are 13 folds to properly fold a flag! Our ceremony

always includes the Pledge of Allegiance, and this year, perhaps moved by our nation's 250th birthday, we spontaneously broke out in a fine rendition of the (difficult to sing) Star Spangled Banner! Jennifer also signed the lyrics to Amazing Grace which was very moving. Thank you, Jennifer!

Thanks to all who attended! It looks like the date for next year's trip will be Wednesday June 23 to Monday June 28, which is always the week following Father's Day.

Editor's note: See more great pictures on our website!



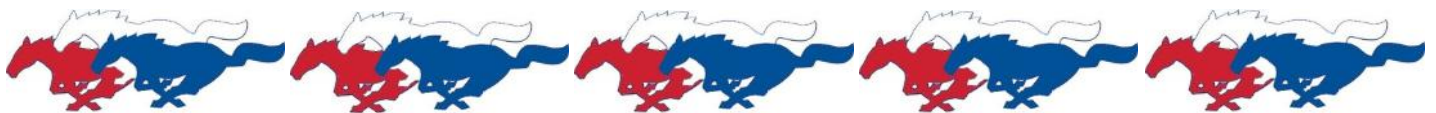
JUNE EVENT HIGHLIGHTS



**Mixed Nutts
June 7, 2026**



**3rd Annual Father's Day Car Show
June 20, 2026**



Fairfield July 4th Parade and Lunch

By Brian Evans

This year's July 4th parade was held on... (wait for it...) July 4! a Saturday this year! As everyone is hopefully aware, 2026 is our nation's 250th Birthday, so I was hoping for a big turnout from GHMC. Going back about 20 years, I believe our record attendance at a parade was 21-22 cars, and I was anticipating at least 15 cars. Guess what? The Golden Hills Mustang Club SHOWED UP...and showed up big-time with 25 ½ cars! Yes, we had a "half-car" with Dan Cordeiro's '67 Mustang Junior!

This parade has been held for many decades in downtown Fairfield, and always draws a large crowd, I think because of the perennial appearance by the Golden Hills Mustang Club! What do YOU think the reason is? A couple of years ago, I was asked by the parade organizer just how many years GHMC has participated in the parade? I polled a few of our "senior" or long-time members and the consensus was since the 1980's...so probably just a few years after our formation in 1982! I got back to the city with that answer...envisioning awards for our club, cash prizes for the club's parade chairman, maybe a key to the city or a city holiday in our honor, but all I got was a "Oh that's awesome, thanks for your support all these years!" I'll take it!

We started the day at our usual meeting spot at Solano Mall, by Starbucks. I do my best to try to take care of club members' needs for snacks and coffee at premium prices! As I pulled the '68 big-block-drop-top into the meeting parking lot, I immediately saw that we already had about a dozen cars, and the cars just kept arriving! I was very happy with the great turnout and became happier with each new car arriving! After a few of us blew our last paycheck in Starbucks it was time to head to the parade staging area. The City of Fairfield's Parks & Recreation Department has been easy to work with in the last several years, assigning our club the same check-in location and same parade staging area, so there is less drama and chaos to deal with!

This year our parade weather was warm but not "hotter than Hell," so it was a nice parade experience for the spectators and parade participants alike. The mid 80's temperature did help some of our older, hotter running classic cars to not "lose their cool!"

With our cars decorated in our usual patriotic theme, soon it was time for us to take our turn parading our 25 CARS down Texas Street, led by ("the man with no legs") Dan Cordeiro in the Mustang Junior! I was asked by Parks & Rec to take the Parade Grand Marshal, Retired U.S. Marine Corps Sergeant Major Jesse Branch in my '68 Convertible through the beginning of the parade. Mr. Branch

was selected as this year's Grand Marshal due to his many years serving our nation as a veteran of the Korean and Vietnam wars, and also serving this local community in several capacities.

The emcee did a good job of reading our complete club introduction, as sometimes they trail off or read so quickly it sounds like a disclaimer at the end of a radio commercial. For those who didn't hear it, this was our parade announcement:

"The Golden Hills Mustang Club, formed in 1982, is a non-profit charity promoting the ownership and admiration of Ford Mustangs, America's favorite pony car for 62 years! The Club supports our local Veterans and other charities with food donations, holiday toy drives and other financial assistance, in addition to scholarships for high school students. For over 20 years, the Club also has sent monthly supplies and gifts to our troops deployed overseas. Golden Hills Mustang...the friendliest little club!"

After the parade, most of us enjoyed a nice backyard BBQ and swim party back at Jerry and Cyndy Lamphiear's house, with smoked ribs provided by our club and side dish items brought by club members. There was a nice variety of appetizers, side dishes, and desserts to enjoy. The barbeque ribs were slow cooked to perfection by Cyndy on their wood pellet Traeger Grill. Their outdoor Patio Cover (aka bomb shelter) provided a nice shady place to enjoy the afternoon!

Once again, I'd like to thank the club for bringing out 25 ½ great Mustangs from all years... an awesome showing for this very special parade, supporting our community and celebrating our nation's 250th birthday!



Editor's Note: See more great pictures on the following page and on our website



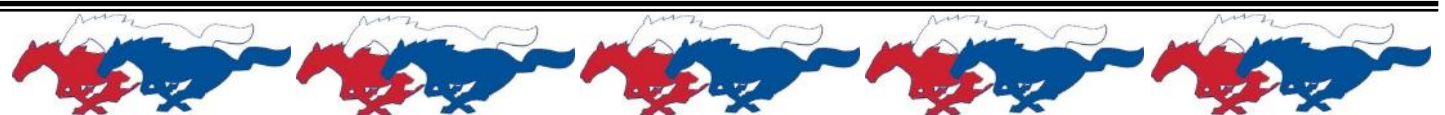
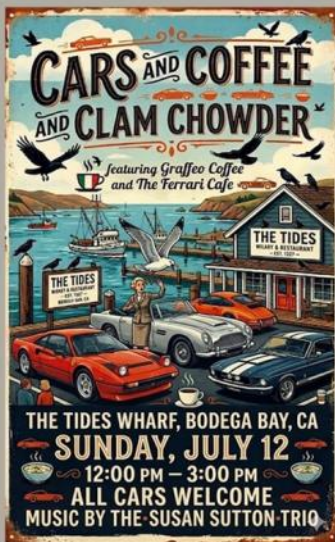
Fairfield July 4th Parade



CARS and COFFEE and CLAM CHOWDER

On July 12th we met at the Grape Crusher in Napa to Cruise to Bodega Bay for the first ever Cars & Coffee & Clam Chowder event at the Tides Wharf. It was a spectacular day with Chamber of Commerce weather and we left Napa with an innumerable amount of beautiful cars. (we forgot to count) In Petaluma we picked up even more cars and arrived in Bodega Bay to an already packed parking lot. We managed to find parking places. Some of us lucked into a spot when somebody was leaving. The cars were awesome, the chowder was hot and the coffee samples were fun! The Espresso machine was in the trunk of a Ferrari!

As people began leaving, 5 cars decided to go out to Bodega Head to see the waves. All but Dan & Norma had never been there before so Dan gave the Cooks Tour and filled everyone in on the history of the area. They were all amazed at the beauty of the place that is such a short distance from home. To quote Rob Lo who put the event together, "Cars & Coffee at Tides, Bodega Bay with GHMC, DVMA, Sonoma Mustang Club, & Napa Cruisers. Fun times!!" Thanks, Rob for doing this! We hope they do this again and more people can enjoy the beautiful drive!
By Norma McCabe



SAVE THE DATES

13th Annual School Supply Drive
Ball CAR & BIKE SHOW
 September 12, 2026
 8am-1:30pm
 2400 Huntington Drive
 Fairfield, CA

OPEN TO THE PUBLIC
 EVERYONE'S
 WELCOME!

REGISTER AT THE EVENT
 Gates open 8am
 Breakfast served 10am
 Raffle 12:30
 Awards to follow
 For more information or for vendor inquiries:
 BallCarShow@gmail.com

Entry Fee: School supplies donation
 *Free breakfast with show Car or Bike
 Entry and donation

DJ
 Hand crafted
 Trophies
 Silent Raffle
 50/50 Raffle

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City of Rio Vista Airport Day 5th Annual Wings & Wheels



Mark your calendars!

When: Saturday, September 12, 2026 starting at 9am

Where: Rio Vista Municipal Airport

3000 Baumann Road, Rio Vista, CA

DOWNTOWN VACAVILLE WELCOME
3rd Annual SHAKEDOWN CAR & ART SHOW
 SEPTEMBER 12, 2026
 12pm-6pm

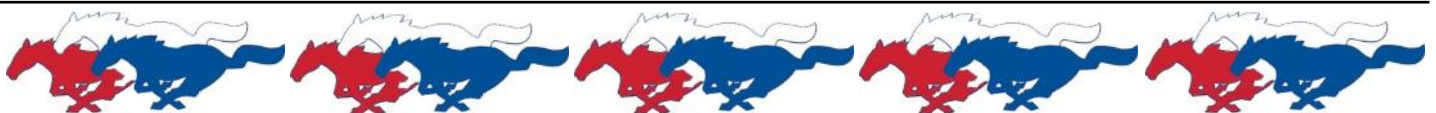
Classic Cars & Trucks (1979 & older) - Motorcycles (all years)
 Live Music - Vendors - Awards

SAVE THE DATE
29th MUSTANGS & FORDS CAR SHOW

September 19, 2026
 HOSTED AT:
UTI UNIVERSAL TECHNICAL INSTITUTE
 4100 Duckhorn Dr, Sacramento, California

Diablo Valley Mustang Assoc.
All Ford Car Show

October 10th 2026
 At The Cobra Experience
 Martinez, California



★★★UPCOMING EVENTS★★★



ALL FUTURE EVENTS ARE TENTATIVE

AUG 6	GHMC BOARD MEETING - BRIAN EVANS HOME
AUG 15	2 ND ANNUAL VETERANS HOME INVITATIONAL CAR SHOW 10AM – 2PM (PARKING STARTS AT 8:45)
AUG 15	SOLANO SHERIFFS OFFICE CAR SHOW @ FATHERS HOUSE VV SHOW AND SHINE 7-8:30AM EVENT 9-11AM
AUG 22	NAPA SEA SCOUTS CAR SHOW 9AM – 3PM
AUG 25	GHMC GENERAL MEETING @ FORD FAIRFIELD UP STAIRS CONFERENCE ROOM, MEETING STARTS AT 6:30 PM NOTE NEW MEETING TIME!
AUG 27	CLASSIC CAR CRUISE NIGHT @ MEL'S 4-9PM 171 NUT TREE PKWY, VACAVILLE, CA.
AUG 30	HOT SUMMER DAYS DANVILLE 11AM – 4PM
SEP 3	GHMC BOARD MEETING
SEP 12	BALL METAL CAR SHOW 8AM – 1:30PM
SEP 12	WINGS & WHEELS @ RIO VISTA AIRPORT 9AM - 3 PM
SEP 22	GHMC GENERAL MEETING @ FORD FAIRFIELD UP STAIRS CONFERENCE ROOM, MEETING STARTS AT 6:30 PM NOTE NEW MEETING TIME!
SEP 24	CLASSIC CAR CRUISE NIGHT @ MEL'S 4-9PM 171 NUT TREE PKWY, VACAVILLE, CA.
SEP 26	CARS AND COFFEE @ FF FORD 8 – 10AM
SEP 26 & 27	PLANES TRAINS AND AUTOMOBILES @ ROWLAND FREEDOM CENTER 9AM – 2PM
OCT 10	DVMA ALL FORD CAR SHOW @ COBRA EXPERIENCE 8AM – 3PM
OCT 31	TRUNK N TREAT @ DUPRATT FORD 10AM – 2PM

*NOTE: If you sign up to attend a GMHC event but cannot attend, please notify the event chairperson ASAP.
If you need contact information, please email: info@goldenhillsmustangclub.com*

GOT HAPPY NEWS?



It is always great to share some happy news, especially during difficult times. If you have something HAPPY (retirement, engagement, new grandchild, recognition or an award) to share with your fellow club members, please send me an email: nrmccabe@gmail.com



In Memorium

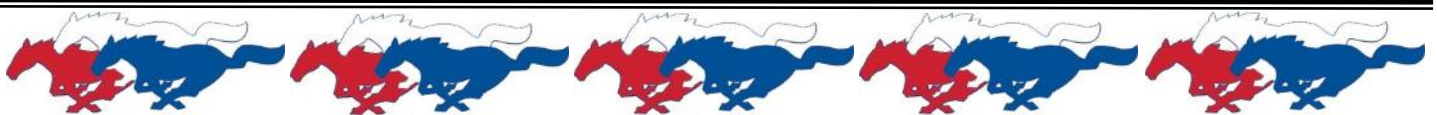
Don McEachern

December 4, 1948 - July 23, 2026

It is with great sadness that we share the passing of our beloved club member and friend, affectionately known as Donnie. He and Lynne joined the club in May of 2018 and in the short time since he made an impression on every club member he met. He opened doors for us through his enormous circle of friends, including DenBeste Motorsports and MagnaChrome, while procuring sponsor money for the car shows and donating many wonderful raffle prizes which the recipients now treasure.

He was a true friend to all who were blessed enough to know him. He and Lynnie opened their home to the Board for meetings when Covid would not let us meet in a restaurant. It was so wonderful that the practice continued nearly every month since.

His passion in life, besides his beautiful bride, was behind the camera. His photography skills were incredible and he leaves a wonderful legacy in his photos. He will truly be missed and always remembered.



HAPPY BIRTHDAY

JULY BIRTHDAYS

7/5 Shelby Evans
 7/7 Meagan Gallegos (Pickering)
 7/7 Scott Paulin
 7/8 Joel Edelmann
 7/10 Miki Leathers
 7/11 Robert Fentress
 7/14 Kathy Eichen
 7/16 Connie Heller
 7/16 Kathy Pickering
 7/19 Tammy Holecek
 7/20 Isaac Bozarth
 7/20 Ron Myska
 7/21 John Herman
 7/21 Joe Holecek
 7/23 Taylor Evans
 7/25 Bill Herman
 7/26 Heidi Wilson
 7/30 Karen Shepard
 7/31 Cindy Bramlett
 7/31 Dick Cartwright
 7/31 George Pezzolo

AUGUST BIRTHDAYS

8/17 Kelly Espinoza
 8/21 Bill Watkins
 8/22 Brad Scott
 8/23 Tim Leathers
 8/23 Dylan McCabe
 8/24 Mike Butler
 8/25 Robert Lo
 8/26 Patricia Cartwright



SEPTEMBER BIRTHDAYS

9/1 Dawn Fountain
 9/6 Andy Cordeiro
 9/7 Harold Joines
 9/7 Scott Paulin
 9/8 Ryan Bauer
 9/9 Timera Bolden
 9/12 Jenny Sturgeon
 9/16 Michael Bauer
 9/16 Sally Fentress
 9/17 Frank Lopez
 9/17 Peggy Mathews
 9/17 Barbara Stapleton
 9/21 Ron Freitas
 9/22 Scott Bradley
 9/24 David York
 9/27 Michael Robinson
 9/29 Lynne Emmons McEachern

PLEASE LET US KNOW IF WE HAVE FORGOTTEN ANYONE!

Sunshine Corner

By Yvonne Westberg



- ❖ In June a card was sent to Mike Robinette.
- ❖ In June our club sponsor, DuPratt Ford, suffered a terrible tragedy. Please keep the Spitzer family and all the employees in your thoughts and prayers.
- ❖ In July a card was sent to Dan McCabe for stitches in his foot.
- ❖ In July a card was sent to Lynne for the passing of Donnie.
- ★ Please keep our members that have had health issues in your thoughts. They could all use our prayers. If you would like to send them a card, email, or text, please do so. It really means a lot to know that others care.
- ★ Remember if you know of someone in need of some SUNSHINE please contact me. You can text or leave me a voicemail.
- ★ or you can email GHMC Info at: info@goldenhillsmustangclub.com



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DuPratt



DIXON

WE TREAT YOU LIKE FAMILY!



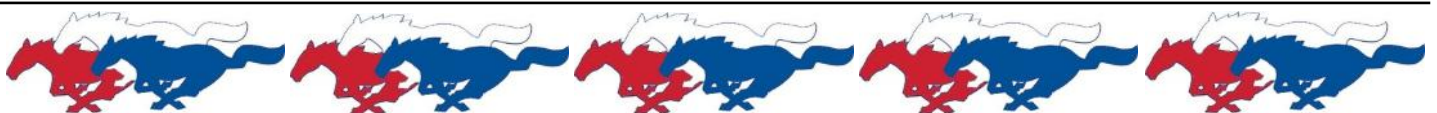
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Celebrations*

Barbara Lightfoot-Nielsen

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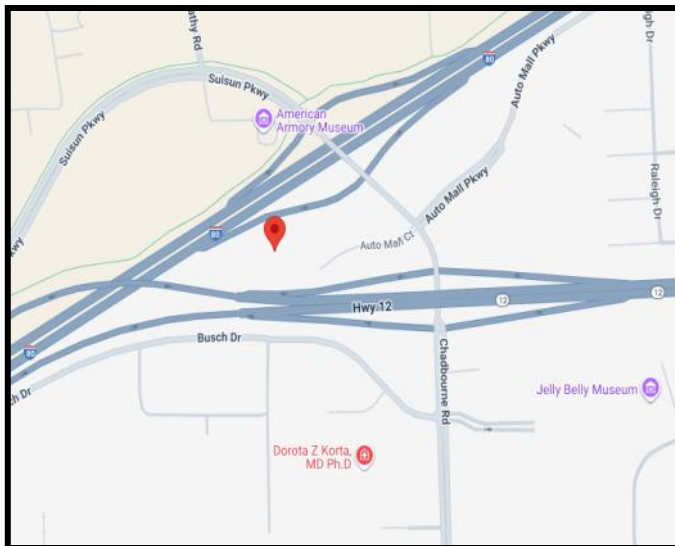
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★ ★ ★ **IT'S YOUR CLUB. . . LET'S HAVE SOME FUN WITH IT** ★ ★ ★

**THE GOLDEN HILLS MUSTANG CLUB
MEETS THE 4TH TUESDAY OF THE MONTH AT:**



Note Change of Meeting Place & Time:



Ford Fairfield

**3050 Auto Mall Court
Fairfield, CA 94534**

NEXT MEETING

6:30 PM

Tues, August 25, 2026

THIS ISSUE OF PONY TALES IS DIGITAL ONLY

GOLDEN HILLS MUSTANG CLUB

www.goldenhillsmustangclub.com

P.O. Box 497

Fairfield, CA 94533-0049

an MCA Regional Club

